



# friendship inn

## Fall 2017



Carson Heagy

### Volunteer Appreciates Inn's Broad Impact

People experiencing a low time in their lives find an encouraging hand up at the Friendship Inn, says Board Director Carson Heagy.

**"The Inn is there to provide food and nourishment to families and individuals in need, with dignity and respect to our guests,"** he says.

"Other empowering opportunities involve support from the family worker and programs, and a computer to help people apply for jobs."

Carson first heard of the Inn's valuable impact as a young man recruited to help raise money for the present building.

He was initially surprised by the variety of people served, including working families living on limited incomes.

Since joining the Board in 2012, he's met more of the guests, seen more of their smiles and heard more of their stories. **"My favourite job is serving coffee or tea; there's more interaction,"** says Carson, the only Board Director under 30.

As incoming Board Chair, the accountant with EY wants to make the Inn more self-sustaining year round, less dependent on donations during the Christmas giving season, and more engaging to volunteers.

"It's an important organization that fulfils the needs of the inner city. The Inn gets no government funding, so depends on individual and corporate donors," says Carson.

**"The Friendship Inn is owned by the community, which has a responsibility to support it."**

### Monthly Donors Provide Nourishment Year-Round

People often reach out to help the vulnerable guests of the Friendship Inn when they're feeling thankful or blessed.

This year, Thanksgiving provides an ideal opportunity to express your gratitude year-round and address the reality that hunger has no season by becoming a monthly donor.

Generous donors who chose this option will ensure the Inn is able to feed hungry children, youth, adults, seniors and families beyond the typical giving season in December.

Monthly donors appreciate the convenience and their enhanced

ability to make an ongoing impact by regularly helping the Inn serve 1,000 meals a day.

As a thank you, people who chose this option will receive an enamel "I'm a friend" mug, along with grateful appreciation of the Inn's dedicated staff and volunteers.

When enjoying your own Thanksgiving dinner, please remember giving thanks goes beyond eating turkey and cranberries.

Consider those who go without healthy food now and through out the year.

**Sandra Stack, Executive Director**

### Employees Embrace Opportunity to Volunteer

Extremely humbling is how Carleen Frey and Leslie Doka describe volunteering at the Saskatoon Friendship Inn.

**"I think it puts your life into perspective,"** says Carleen of the lunch shifts filled by 60 Wright Construction employees in teams of five or six. "We need to be grateful for what we have. I can afford to eat, have housing."

**"All parents found it very hard to see the children there. It was a cold day,"** says Leslie, adding "My kids have grown up entitled."

Both describe inviting Wright's 110 employees to volunteer or donate food as a worthwhile experience for them and their co-workers.



The positive response has Carleen, Wright's Human Resources Generalist, and Leslie, the company's Director of Construction, planning to make volunteering at the Friendship Inn an annual event.

The Inn's Executive Director Sandra Stack is grateful for their enthusiastic assistance.

**WISH LIST**

**Turkeys**  
**Sugar**  
**Oatmeal**

Drop off donations at 619 20th Street W, Saskatoon or phone 306-242-5122



# Stores Thanked for Donated Food and Goods

Faces light up at the Friendship Inn when guests discover the little extras that London Drugs provides.

Children delight in fruit snacks, juice boxes, Goldfish crackers, cookies and granola bars, while seniors and families eagerly grab peanut butter, vitamins, cereal, and lightly damaged packages of diapers and dog food.

"It's sort of like getting a present, you don't know what you're going to receive," Friendship Inn Executive Director Sandra Stack says of the weekly donations from Saskatoon's two London Drugs stores.

The stores supply 90% of the coffee served at the Inn, expensive treats in bag lunches, and a tableful of costly items like protein bars, diapers, dog food and chips every Saturday.

**"These goods enhance the lives of children, seniors and families, especially in tough economic times,"** says Tammy McHarg, Assistant Store Manager at London Drugs on 8th Street.

"We're really proud, and get satisfaction from doing something good for the community," she says of the partnership that is into its third year.



To ensure freshness and customer satisfaction, London Drugs closely monitors food items and removes them from shelves a month before their best-before-date. During the weekly clean up, these items are packed in boxes and then picked up by the Friendship Inn's driver.

"It's really good to see it all going somewhere it's needed, rather than to the landfill," says Stacey Poole, the shipper/receiver who does the packing at one store.

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Follow us on Twitter: [@SaskatoonFriend](https://twitter.com/SaskatoonFriend) &  
Find us on Facebook: [Saskatoon Friendship Inn](https://www.facebook.com/SaskatoonFriendshipInn)



## Give a Gift of Hope at Saskatoon Friendship Inn:

Saskatoon Friendship Inn, 619-20th Street West,  
Saskatoon, SK S7M 0X8; Phone: (306)242-5122  
E-mail: [friendship.inn@shaw.ca](mailto:friendship.inn@shaw.ca)  
Website: [friendshipinn.ca](http://friendshipinn.ca)

- \_\_\_\_\_ \$5 Fills a plate
- \_\_\_\_\_ \$35 Fills a plate for a week
- \_\_\_\_\_ \$75 Fills 15 plates
- \_\_\_\_\_ \$150 Fills a plate for a month
- \_\_\_\_\_ \$500 Fills 100 plates
- \_\_\_\_\_ \$1,250 Fills 250 Plates
- \_\_\_\_\_ \$2,500 Fills 500 Plates
- \_\_\_\_\_ \$5,000 Fills 1,000 plates = One Day at the Inn
- \_\_\_\_\_ Other - \$ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Pre-Authorized Debit - Enclose a blank cheque marked "VOID"**

I authorize the Saskatoon Friendship Inn to deduct \$ \_\_\_\_\_ from my bank account  
1st day of each month for \_\_\_\_\_ months, beginning the month of \_\_\_\_\_.

----- Or -----

**Visa**                       **Mastercard**

I authorize the Saskatoon Friendship Inn to charge \$ \_\_\_\_\_ to my credit card  
1st day of each month for \_\_\_\_\_ months, beginning the month of \_\_\_\_\_.

Card number: \_\_\_\_\_ Expiry Date: \_\_\_\_/\_\_\_\_ (MM/YY)

One time donation

Monthly donation

----- Or -----

**Post-dated cheques**

\_\_\_\_\_ (#of cheques) enclosed for a total of \$ \_\_\_\_\_